# AYLSHAM RURAL DISTRICT.

ANNUAL REPORT of the Medical Officer of Health for the year

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To the Chairman, Ladies and Gentlemen of the AYLSHAM RURAL DISTRICT COUNCIL.

Ladies and Gentlemen,

My Annual Report on the health of your District for the year 1922 will be an "Ordinary Report" as defined in paragraph 3 of the Ministry of Health's circular 269; such a Report being less lengthy than the "Survey Report" which is required every fifth year.

POPULATION. The population, as estimated by the Registrar General at the middle of the year 1922, is 16,430, showing an increase of 150 since the census of 1921. This figure will be taken in calculating the death and birth rates, and for general statistical purposes. At the census 1921, the population was shown to be 16,280, and decreasing at the rate of over 100 a year since the census 1911. Full information of the census figures are still withheld from Medical Officers of Health except on the payment of a fee to the Registrar General. I am, therefore, unable at present to learn the population of individual parishes in the District or the number of separate dwellings. From inquiries I have made at the office of the Registrar General I am glad to find that the price of this information is now greatly reduced, and I trust that ultimately it may be granted free of cost to Medical Officers of Health.

BIRTHS. The number of births registered during the year was 368 and the birth-rate for the District is 22.3, considerably higher than that for England and Vales - 20.6 and slightly above last year's record for this District. There were 33 illegitimate births as compared with 31 in the previous year.

DEATHS. One hundred and ninety two deaths were registered giving a death-rate of 11.6 which compares very favourably with that of England and Wales, which was 12.9. The chief causes of death were Heart Disease 26, Cancer 25, and Tuberculosis 16. From infectious disease there were nien deaths, viz, from

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Whooping Cough 4, Measles 1, Diphtheria 1, and Influenta 3.

INFANTILE MORTALITY. Although more deaths among infants have to be recorded than in the previous year, when the infantile mortality was phenominally low (Al per 1000 Births), the District maintains its position as one favourable to the rearing of babies. The deaths under one year were 21, and the births numbered 368, which gives an infantile mortality of 57 per 1000 births as compared with 77 for the whole of England and Wales. The mortality among illegitimate babies is always higher than the general infantile mortality, and for this year it reaches the figure of 90 per 1000 illegitimate births.

Thirty three expendant and nursing mothers and infante received grants of milk free of cost under the maternity and

child welfare schome.

# Notifiable disease during the year.

Eighty eight notifications, relating to the following diseases, were received during the year.

Disease.	Number.	Cass-rate per 1000 popn.	Case-rate Engd. and Wales per 1000 popn.
Scarlet fever Diphtheria	29 <b>31</b>	1.76	2.85 1.37
Enteric Fever Puerperal Fever	00	-	<b>-</b> 66
Erysipelas Pneumonia	4 2	.24 .12	• 35
Tuberculosis(Pul	my)17 er) 5	1.03	

In the first six months of the year there SCARLET FEVER. were elevan sporadic cases distributed through eight parishes. In October an outbreak occurred in the parishes of Swanton Abbott and Scottow in connection with which sixteen cases were notified. The infection was spread through some children, who during the Summer holidays had suffered from mild undetected attacks, returning to school while still in an infective state. Had it not been holiday time information would most certainly have reached no from the Head Teacher of the school that these children were absent suffering from an illness suggestive of Scanlet Fever, and a long and tedious outbreak might have been averted. It is an example, though of a negative character, of the great value of the system of school notification which was introduced by the School Medical Officer, The carliest information of an impending epidemic is very generally received from the Head Teacher of the elementary School.

DIPHTHERIA. I have received during the year thirty one notifications of "diphtheria", though it would perhaps be more correct to state that swabs taken from the throats of thirty one individuals showed the presence of the diphtheria bacillus. Unfortunately it is illegal at our County Laboratory to differentiate between the virulent and the a-virulent varieties of the bacillus or in other words to tell whether a person in whose throat the bacillus has been detected is a most dangerously

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(3)

infected person, or perfectly harmless. This point could be decided with certainty and at little expense, were it not for the vivi-section laws by the guinea-pig test; one guinea pig serving for about fifteen tests with practically no annoyance to the animal. Were it possible to apply this test the number of notifications of diphtheria would doubtless be very greatly reduced and an infinite amount of human anxiety

trouble and expense sayed thereby.

Of the thirty one notifications all but ten were sent me from the Buxton Industrial School, which suffered from a somewhat extensive outbreak during the Summer. Happily the cases, which numbered 21, were of a mild type and none were fatal. Very energetic steps were taken by the Medical Officer of the Institution, and as many as 302 swabs were sent to the County Laboratory for examination. Advantage was taken of the facilities for isolation afforded by the institution, and by the end of the year all the inmates were free from infection. The ten cases reported from other parts of the District were in no way connected with this outbreak and had a wide distribution. The one fatal case assigned to this District was that of a child whose usual residence was Corpusty, and who died in the Oulton (by Lowestoft) Isolation Hospital.

ENTERIC FEVER The District has been entirely free from this disease for more than four years.

There have been no noteworthy conditions prejudicial to the health of the area nor has there been any noteworthy occurrence affecting the public health during the year beyond those referred to above.

I have the honour to remain,

Your obedient servant,

H. H. BACK,

Medical Officer of Health.

#### APPENDIX.

1. General Statistics.

Area

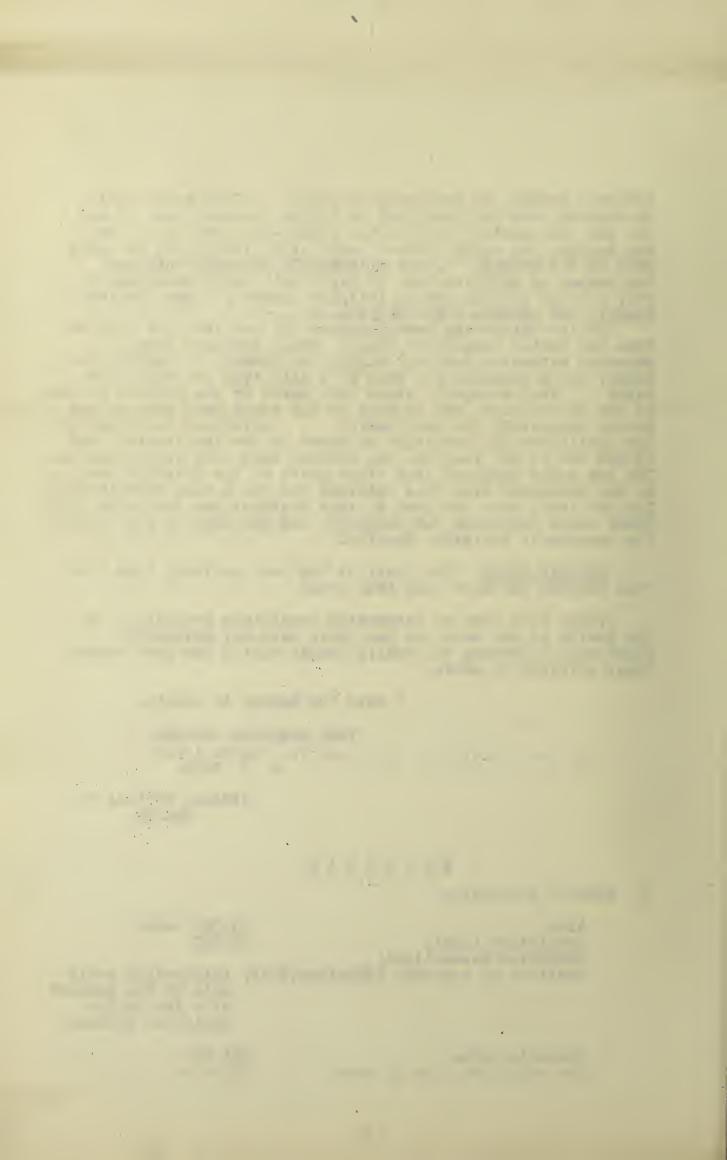
Population (1921) Inhabited houses(1921)

Families or separate Offupiers (1921) Information avail-

63,341 acres. 12,260

Information available on the payment of a fee to the Registrar General.

Rateable Value Sum represented by 1d rate £91,292 £380-7-8.



2. Extracts from Vital Statistics of the year.

Births.	Legitimate	<b>33</b> 5	Male	186	Female	149
	Illegitimate		Male	14	Female	19
	T otal	368		200		<b>1</b> 60

Birth-rate 22.3
Deaths 192 Males 97. Females 95.
Death-rate 11.6.

Number of women dying in, or in consequence of childbirth :From sepsis 0.
Other causes 0.

Deaths of infants under one year of age per 1000 births :-Legitimate 53. Illegitmate 90 Total 57

Deaths from Meales (all ages) 1.

" " Whooping Cough (all ages) 4.

" " Diarrhoea (under 2 years) 2.

3. Notifiable Diseases during the year.

Disease.	Number notified	Admitted Hospital		Deaths.
Diphtheria	31	0		1
Scarlet Fever	29	0		0
Hatoria Fever	0	0		0
Puerperal Fever	0	0		0
Erysipelas	4.	Ó		0
Pneumonia	ż.	Ó		4
Tuberculosis Pulmonary	(Male)8	7.		5
(a) Pulmonary (Female		3		7
Tota		16		12
( M	ale) l	0		2
(b) Non-pulmonary (Fem	ale) 4	0		2
Tota		0		4
The notification	<b>√</b>	ulosis, th	nough imp	proving,
is not yet prope				

Ophthalmia Neonatorum. No case has been notified during the year.

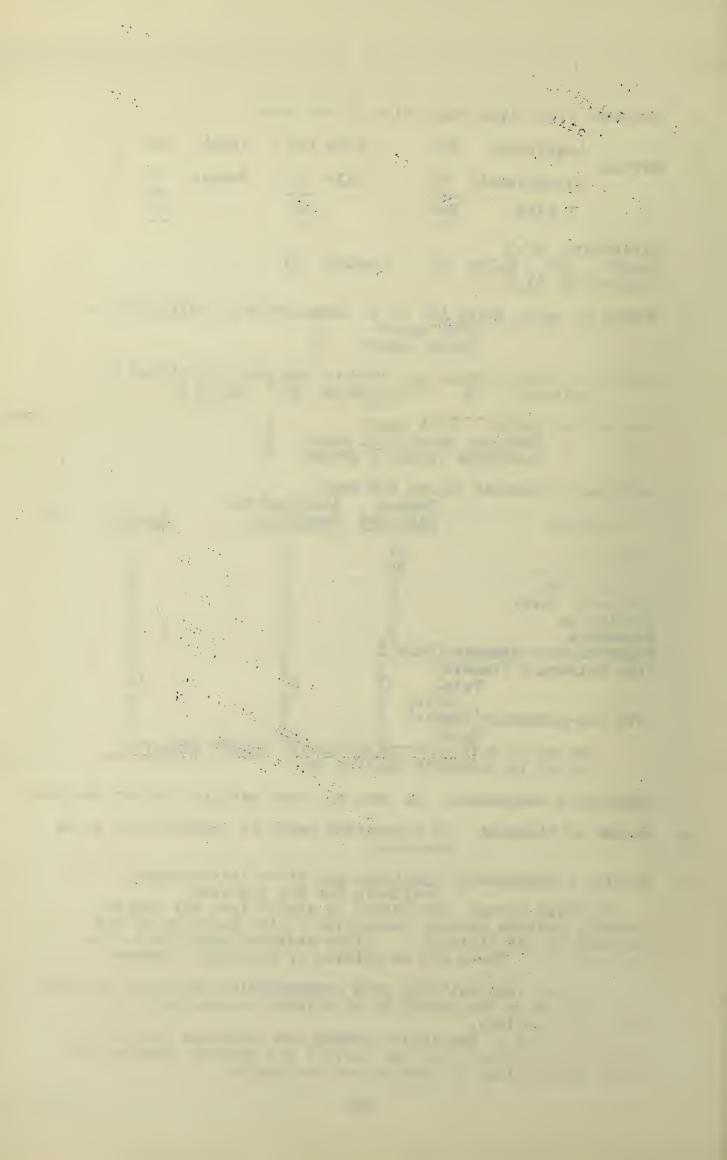
- 4. Causes of Sickness. No noteworthy cause of sickness has to be recorded.
- 5. Nursing arrangements, Hospitals and other Institutions available for the District.

  District Nurses, subsidised by grants from the County Council, provide nursing facilities in the majority of the

Council, provide nursing facilities in the majority of the parishes of the District. Eight midwives practice in the District. There are no clinics or Treatment Centres.

A strrugated iron building with accommodation for three patients and situated on the outskirts of Aylsham is available as a Small-pox Hospital.

There are no hospitals, beyond the Workhouse Infirmary, within the District, but the Norfolk and Norwich Hospital and



Laboratory Work. The laboratory work of the District is carried out at the County Laboratory, Norwich. Four hundred and twenty six throat swabs were examined; of these 302 were from Inmates of the Buxton Industrial School. No specimens of sputum were sent for examination.

Diphtheria antitoxin and anti-tetanus serum are supplied 6.

from the County Laboratory, and paid for by the District Council.

No adoptive Acts or Local Regulations are in force in the District.

Byelaws with respect to Cowsheds and Milk Shops were adopted for use in the District in 1907.

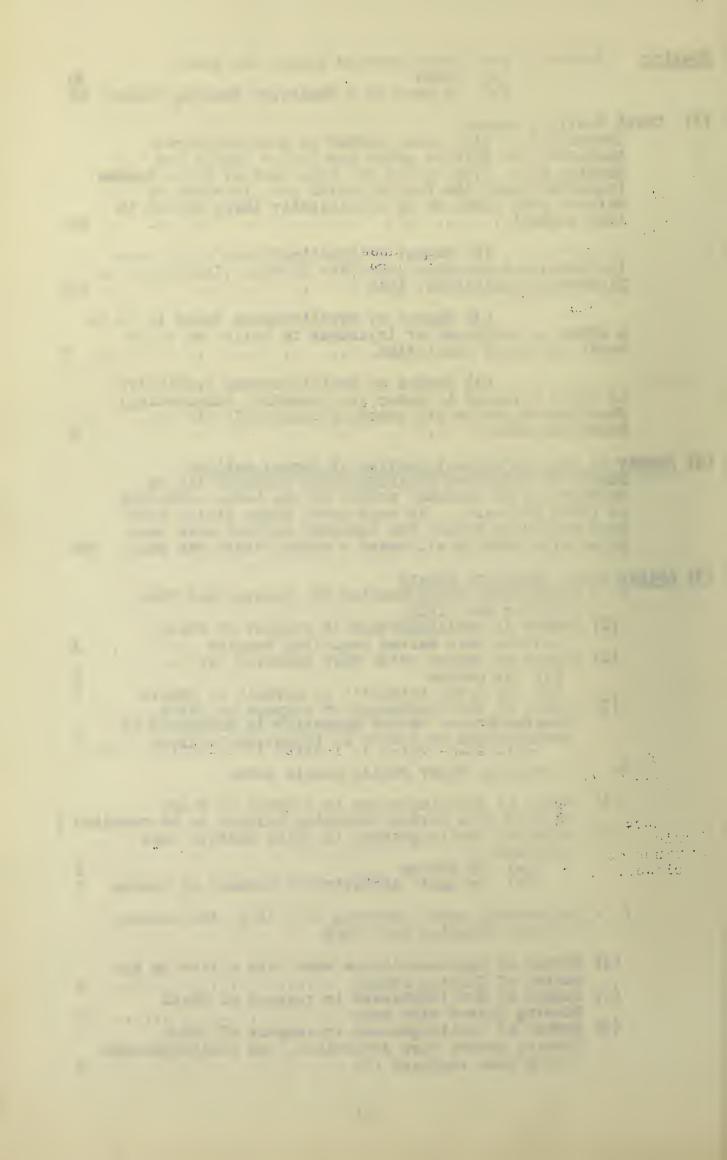
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## 7. Sanitary Administration.

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	Closets.	Public scavenging systems are in force in the parishes of Aylsham, Coltishall, Great Hauthois and Hackford. Number of pail closets on the scavengers: lists of the four parishes at 31st. of December	8			
		Number of closets converted to the pail system during the year	10			
	Bakehouses.	Number of Inspections made	25 43 16 4 4 28 4			
٠	Slaughterhou	ses. Number on Inspector's List  " of Inspections made  " " new Slaughterhouse  Structural improvement effected  Unsatisfactory place used as Slaughterhouse and now discontinued as such	21 40 1 1			
	Num Whe is	and Disinfestation. ber of houses disinfected after Infectious disease	35 s			
Act	(3) ara N	heds and Milkshops. In accordance with Section 2 of the Milk and Dairies (Amendment) Act, 1922 set wholesale and Retail registers are now kept.  " " Wholesalers on Register " " Wholesalers on Register " " Samples taken " " Visits of Inspection	14 10 1			
Pub	lic Health St	aff.	742			

H.H. Back, M.B. (Lond) Medical Officer of Health. H.W.T. Trotter, M.R.S.I. Sanitary Inspector.

Housin	g. Number of new houses erected during the year (a) Total (b) As part of a Municipal Housing Scheme 28
<b>(1)</b> U	Inspection (1) Total number of dwellinghouses inspected for defects under the Public Health and Housing Acts. (No record has been kept of those houses inspected under the Public Health Act, in which no defects were found to be sufficiently large enough to take action)
	(2) Number of dwellinghouses which were inspected and recorded under the Housing (Inspection of District) Regulations, 1910
	(3) Number of dwellinghouse found to be in a state so dangerous or injurious to health as to be unfit for human habitation
	(4) Number of dwellinghouses (exclusive of those referred to under the preceding sub-heading) found not to be in all respects reasonably fit for human habitation
(2) <u>Re</u>	Number of defective dwellinghouses rendered fit in consequence of informal action by the Local Authority or their Officers. In many cases three visits have been necessary before the informal notices were complied with, and in all cases a second visit was paid 352
(3) Ac	A Proceedings under Section 28, Housing and Town Planning Act, 1915.
	(1) Number of dwellinghouses in respect of which notices were served requiring repairs 4
	(2) Number of houses which were rendered fit :-  (a) By owners.  (b) By Local Authority in default of owners
	(3) Number of dwellinghouses in respect of which Closing Orders became operative in pursuance of declarations by owners of intention to close 1
	B Proceedings under Public Health Acts.
	(1) Number of dwellinghouses in respect of which notices were served requiring defects to be remedied (2) Number of dwellinghouses in which defects were remedied:-  (a) By owners  (b) By Local Authority in default of owners
	C Proceedings under Sections 17 & 18 of the Housing and Town Planning act, 1909.
	(1) Number of representations made with a view to the making of Closing Orders
	Closing Orders were determined, the dwellinghouses having been rendered fit



(4) Number of dwellinghouses in respect of which Demolition Orders were made	
Matters other than those referred to in previous section of Rep	or
Various matters dealing with sewers &c. reported and dealt with by Sanitary Committee	53.
Number of Wooden Huts on wheels without privy accommodation or water supply, usud as dwellings	3
Number of above, provided with pail privies after informal notice by Local Authority	1
Number since given up as dwellings under pressure from Local Authority and other accommodation becoming available	2

## Sewerage.

An open sewer in the Parish of Foulsham has been piped in. This sewer which is located in Coldharbour Lane, has been a source of "Muisance" for many years. The ditch in which the sewage was turned had very little fall, and owing to the fact that there was no surface water turned into the sewer the ditch was never flushed, with the result the sewage became offensive. The length of sewer piped was 345 feet.